

# Rural PREP

## Microresearch Funding

### Application Technical Assistance

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# Rural PREP

The Collaborative for

**Rural**

**Primary care Research, Education, and Practice**

# Funding

**Rural PREP** is funded by

- Health Resources and Services Administration (HRSA),  
Bureau of Health Workforce (BHW),  
Division of Medicine and Dentistry (DMD)

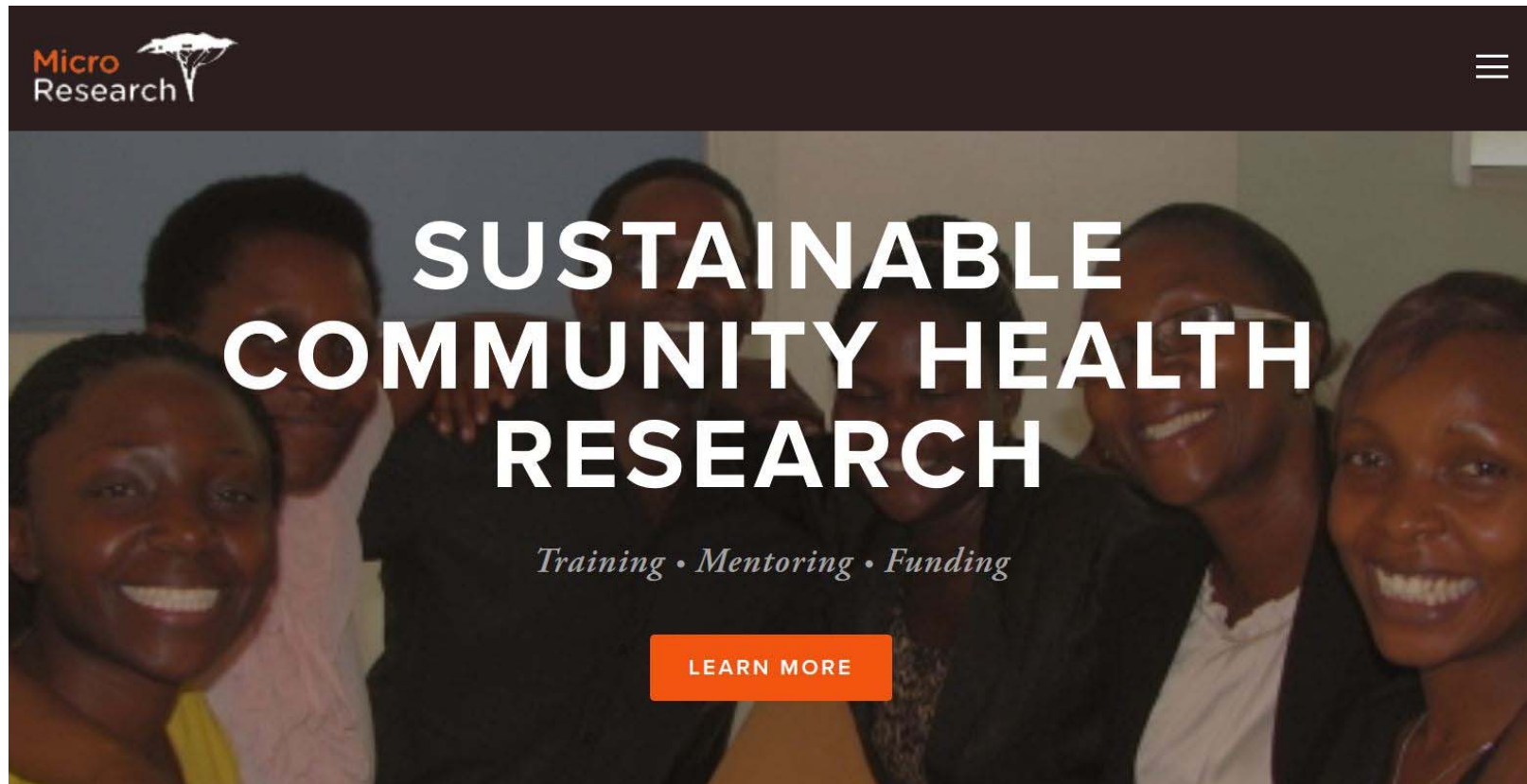
# Rural PREP's mission and focus

- To improve and sustain rural health through community engagement and research in primary care\* health professions education

\*includes nurse practitioners, physicians, physician assistants, and other members of the primary care team

- Rural PREP:
  - Conducts research
  - Develops a community of practice
  - Disseminates evidence-based practices

# What is microresearch?



[www.microresearch.ca/](http://www.microresearch.ca/)

# Rural PREP's microresearch approach

- Locally generated and implemented projects
- In pursuit of local solutions to a local problem
- In small (**rural**) places
- With a small amount of funding
- Results in a big impact

# Eligibility criteria

- The following students/trainees may apply:
  - Current students in a medical school or a nurse practitioner or physician assistant program
  - Residents in a rural\* physician residency program
  - Other health professionals training for primary care practice in a rural\* location.

\*Rural: must meet any two federal definitions using the tool [“Am I Rural?”](#) at the Rural Health Information Hub portal (note that “Census 2010, Percent Rural” does not count for this purpose).

# Eligibility criteria

- Research topic:
  - Rural primary healthcare
  - Rural population health
  - Rural health workforce education and training



# Preferences

Preference will be given to research that is:

- Community engaged, including a commitment of in-kind community contributions
- Collaborative across health professions or institutions

# Funding

- Up to \$4,000 per recipient grant year (July-June) reimbursement (total funding available for all awards: up to \$30,000 annually)
- A project conducted across multiple institutions will be considered for multiple awards, one award to the project lead at each institution.
- All expenses for the 2017-18 cycle must be incurred and submitted for reimbursement **by June 20, 2018.**
- Pending refunding of our project, next funding cycle covers July 1, 2018-June 20, 2019

# Eligible expenses (examples)

## Receipts and complete documentation for all expenses required

- Equipment
- Supplies
- Research subject incentives
- Registration for short training courses for the applicant
- Travel for community engagement and data collection (e.g., mileage, per diem)

## Not allowed\* (examples)

- Funding for faculty salary
- Providing meals for meetings (*awaiting clarification*)

\*Funds provided for these projects are also subject to 45 CFR 75 (see in particular the Cost Principles in sub-part E: <http://www.ecfr.gov/cgi-bin/text-idx?node=pt45.1.75>)

# Funding to share findings

- Travel Support Program (separate application):
  - Up to additional \$1,000 for travel support to attend U.S. regional or national meetings to share research/scholarship on rural primary care health professions education
  - Awards not restricted to students/residents:  
<https://ruralprep.org/research-scholarship/travel-support/>

# Mentoring

- Recipient and mentor will complete pre-work and participate in quarterly Rural PREP Microresearch Learning Community Rounds devoted to research mentoring and development, project sharing, feedback, and problem-solving.
- Submit quarterly progress report:
  - Aimed at improvement and accountability

# Application process

- Applications accepted on the web site through March 1
- First-come, first-served for eligible projects on a rolling basis, until all funds are expended (rapid decision, goal: 1 week or less)
- Full guidance, proposal template, and budget template provided with the online application.



The screenshot shows the 'MICRORESEARCH FUNDING APPLICATION' form. At the top left is the Rural PREP logo with the tagline 'Preparing for rural practice'. At the top right is a 'Resize font' control. The main heading is 'MICRORESEARCH FUNDING APPLICATION'. Below this is a green box containing instructions: 'Please fill out all fields completely. If you have questions, please contact JP Paredes at jparedes@uw.edu or tel. 206-616-0235.' and 'For detailed instructions and eligibility requirements, please download and read the attached guidance and templates before filling out this application.' Below the green box are three attachment links: 'Microresearch Awards Final 2018-01-12.docx (0.05 MB)', 'Microresearch proposal template.docx (0.02 MB)', and 'Microresearch budget template.xlsx (0.01 MB)'. At the bottom, there are input fields for 'First name:' and 'Last name:', both with a red asterisk and the text '\* must provide value' below them. The 'First name' field has a small blue arrow icon to its right.

# Proposal template

**Background:**

**Research question(s) or hypotheses:**

**Methods:**

**Expected products/dissemination:**

**Timeline:**

# Proposal template

## Background:

Provide **background** to describe the **motivation** for the study;

explain the relevance to **rural** primary health care, rural population health, or rural health workforce education and training;

and describe the **goals** for the study, including potential **impact**.



# Proposal template

## **Research question(s) or hypotheses:**

Describe clear, specific research question(s) or hypotheses.

# Proposal template

## **Methods:**

Explain how you will answer your study questions.

What you will do?

Where you will do it?

What data source(s) will you use?

If you will work other research team members, engage community members (including in-kind contributions to the study), or collaborate with health professionals from other disciplines, please describe.

# Proposal template

## **Expected products/dissemination:**

Describe expected products of the research, how you will share the results, and with whom.

# Proposal template

## Timeline:

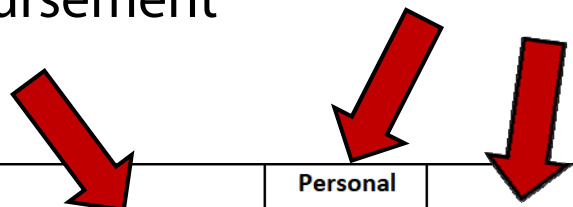
Provide a **realistic timeline with key milestones** that illustrate how you will **expend all funds by June 20, 2018,**

and how you will **complete and disseminate results within 2 years** of notice of award.

# Budget template

**Amount requested:** expenses must be incurred and submitted for reimbursement by June 20, 2018

All other expenses should be listed under **“Personal funds”** or **“Other support”**



	Description of expense	Amount requested from Rural PREP	Personal funds you are contributing, if any	Other support, if any*	TOTAL COST	Budget justification (describe purpose)
Travel** (e.g., mileage, hotel, meals, registration/fees for short training courses, etc.)					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	
Supplies/equipment					\$ -	
					\$ -	
					\$ -	
					\$ -	
					\$ -	

# Other requirements

- Research should be completed within 1 year or less, and disseminated (presented at a conference and/or published) within 2 years of notice of award.
- Quarterly progress reports
- Reallocation of funds between budget categories greater than \$250, or expenses not included in the original budget, require prior approval from Rural PREP.
- Final reflection on the experience

# More application tips

- Be sure the research site (of the population studied) meets at least 2 rural definitions as specified in the guidance.
- Explain clearly the **rural** relevance.
- Think carefully about a feasible scope: timeline, your time available, amount of travel (if applicable), etc.
- If community or research partners are proposed, have you approached them to secure agreement to participate?
- Include a clear timeline of key milestones.
- If you won't be able to submit expenses by June 20, 2018, consider applying in late spring for the next cycle.

# Q and A





# Contact

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- Randy Longenecker, [longenec@ohio.edu](mailto:longenec@ohio.edu)
- Dave Schmitz, [david.f.schmitz@med.und.edu](mailto:david.f.schmitz@med.und.edu)

<https://ruralprep.org/research-scholarship/microresearch/>