

Individual Readiness Questions: ADVERSE CHILDHOOD EXPERIENCES

After reviewing the pre-session content, answer the questions below. Print out this sheet with your answers to use in a team activity.

1. According to the Talbot, Szlozek, and Ziller (2016) study, ACEs are common among rural adult residents, with exposure to at least one ACE reported for
 - a. Over 15% of all respondents in the study
 - b. Over 25% of all respondents in the study
 - c. Over 50% of all respondents in the study
 - d. Over 60% of all respondents in the study

2. According to the Talbot, Szlozek, and Ziller (2016) study, _____ of respondents reported that they had been exposed to four or more ACEs.
 - a. 5.8%
 - b. 15.4%
 - c. 25.8%
 - d. 35.4%

3. Recommended strategies for strengthening rural capacity to respond to ACEs include
 - a. Seeking grant funding for improvement projects with ACE-focused components
 - b. Forging ACE-focused interest groups
 - c. Collaborating with trusted local organizations to promote ACE-focused initiatives
 - d. All of the above

4. According to Dr. Nadine Burke Harris (2014), exposure to 'high doses of adversity', even in the absence of high-risk behavior, increases the likelihood of developing heart disease or cancer.
 - a. True
 - b. False

5. Dr. Nadine Burke Harris advocates a move for treating ACEs as a _____
 - a. Public health issue
 - b. Social issue
 - c. Mental health issue