

Rural Prep Grand Rounds (Pre-assignment for November 2019)

Resource 1: Journal Article: Contextual Factors Associated with County-Level Suicide Rates in the United States, 1999 to 2016

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2749451?guestAccessKey=3e23ac4f-ce45-47df-9eb9-d7cf927ab30b>

Question 1. All of the following measures have the potential to reduce suicide rates across the rural-urban continuum, except:

- a. Improving social connectedness
- b. Improving health insurance coverage
- c. Ignoring levels of access to lethal means
- d. Fostering civic opportunities

Question 2. According to the suicide rates indexed across a span of 18 years (1999 – 2016) in this study, the highest suicide rate was observed in males, in the age group of:

- a. 55-64 years
- b. 25-34 years
- c. 35-44 years
- d. 45-54 years

Question 3: The rate of suicide among veterans is higher than general population

- a. True
- b. False

Question 4: The rate of suicide is higher among people living in the urban areas compared to those living in the rural areas

- a. True
- b. False

Resource 2: AgriSafe Network: Mental Health and the Impact on Wellness for Farm Families

https://f0c4c2e0632d8cbc8cf0-1ee2f12b5b447bf2ed4ab14451ea8912.ssl.cf2.rackcdn.com/agrisafe_ca9eabcec330bd9972993d0cb3416704.pdf

Question 5: The number of question/s in the AgriSafe's self-assessment tool for mental health screening is/are:

- a. 4
- b. 6
- c. 1
- d. 2

Question 6: For agricultural families, change in farm policies, chemical exposure, loss of crop or livestock, and weather are precipitating factors for:

- a. Stress
- b. Wellness
- c. Health
- d. Stigma

Resource 3: Watch the video embedded in Suicide Rates are Rising, Especially in Rural America:

<https://www.nbcnews.com/health/mental-health/suicide-rates-are-rising-especially-rural-america-n1050806>