

## Rural Generalist Pre-session Activity

Resource 1: Schubert N, Evans R, Battye K, Gupta TS, Larkins S, Mclver L. International approaches to rural generalist medicine: a scoping review, Human Resources for Health (2018) 16:62. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6249972/>

1. The majority of articles (80%) in the scoping review came from the following geographical locations, reflecting the relative maturity of programs supporting rural generalist medicine in those countries. Select all that apply:

- a. Australia/New Zealand & USA/Canada (North America)
- b. Japan/Korea
- c. India/Pakistan/Sri Lanka (South Asia)
- d. Kuwait/UAE/Bahrain (Middle East)
- e. None of the above

2. Which of the following factors are considered threats to rural generalist medicine in Australia?

- a. Working hours and lifestyle factors
- b. Lack of appropriate training opportunities and support
- c. Inclination of medical graduates to pursue highly specialized career choices
- d. Lack of recognition for the rural generalist role
- e. All of the above

3. "...a USA article supported the concept of a national rural training pipeline that recruits from rural communities, provides rural placements throughout medical school, supports residencies in the rural setting and provides support in rural practice after training." This statement pertains to the following reform recommendation:

- a. Training
- b. Broader workforce focus
- c. Capacity building
- d. Scope of practice
- e. All of the above

Resource 2: Read Weidner AKH, Phillipa EL, Fang B, Peterson LE. Burnout and Scope of Practice in New Family Physicians, Ann Fam Med 2018;16:200-205. <https://doi.org/10.1370/afm.2221>

4. A total of \_\_\_\_\_ respondents reported feeling burned out from their work once a week or more.

- a. 28%
- b. 42%
- c. 50%
- d. 64%
- e. None of the above

5. Fill in the blanks with the most suitable option:

“Data from the first year (2016) of the National Family Medicine Graduate Survey suggest that for \_\_\_\_\_(early, middle, late) career family physicians, having a \_\_\_\_\_(narrower, broader) scope of practice is associated with a lower risk of burnout.”

- a. broader, early
- b. narrower, early
- c. broader, middle
- d. narrower, late
- e. none of the above

6. The lowest odds (36%) of reporting “feeling burned out” is among family physicians practicing:

- f. End-of-life care
- g. Pediatric outpatient care
- h. Obstetrics care
- i. Newborn hospital care
- j. None of the above

Resource 3: James Cook University, Australia: Rural Generalist GP Training

<https://www.youtube.com/watch?v=lmT9GEFI3wl&feature=youtu.be>

7. According to the video, Australian General Practice Training (AGPT) Pathway includes following types of support for rural generalist trainees. Select only one answer:

- a. International trips
- b. Educational resources through rural pathway trainings
- c. Funding (no out-of-pocket costs)
- d. Maternity leave
- e. Accredited clinical placements
- f. Training to clinical supervisors
- g. A, D, & F
- h. B, C, E, & F